



# Gilbert Colvin Primary School

Friday 12<sup>th</sup> June 2026

Dear Parents and Carers,

As we do each year, the bulk of our Relationships, Sex and Health Education (RSHE) teaching will take place during the final weeks of the summer term. These lessons follow our scheme of work, *Teaching RSE with Confidence*, and each year group will be taught four carefully planned lessons. *Teaching RSE with Confidence* supports our PSHE scheme of work, *Jigsaw*.

All lesson resources are available for parents to view. In previous years, attendance at the parent information meeting has been very low (usually fewer than five parents), so this year we are inviting parents and carers to request access to the materials directly if they would like to see them. You can do this by contacting the school office, and teachers will make the resources available for you to view before the lessons are taught.

A reminder that Relationships Education and Health Education are statutory for all primary-aged pupils. The only non-statutory element is the sex education content taught in Year 6. This is the only part of the curriculum from which parents may withdraw their child. Any request to withdraw must be made in writing via email to the school office.

## **RSHE Consultation**

From September 2026, all schools must follow the revised statutory RSHE guidance issued by the Department for Education. We are already preparing for these changes, and the updated information will be displayed on our school website. The revised guidance includes:

- New content on personal safety, including fire, water, road and railway safety
- A stronger focus on mental wellbeing, emotional regulation, loneliness, grief and loss
- Expanded online safety content, including online financial harms, scams and age-restricted content
- Reinforced expectations around the use of correct anatomical language for safeguarding purposes

A separate email will be sent out at the beginning of next week sharing the draft RSHE policy, the revised scheme of work (*Teaching RSE with Confidence*),

Strafford Avenue, Clayhall, Ilford, Essex IG5 0TL

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a parent survey, and details about an RSHE-focused meeting on **Thursday 26th June at 9.15am.**

Thank you for your continued support.

Sincerely,

**Liz Cohen**  
**Headteacher**

Strafford Avenue, Clayhall, Ilford, Essex IG5 0TL

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