

Parent Forum – Online Safety at Gilbert Colvin Primary School

Keeping Our Children Safe Online



# What Is Online Safety?

- Protecting children from harmful content, contact, and conduct online.
- Includes knowing what they're accessing, who they're talking to, and how much time they're spending online.
- It's about helping them navigate the digital world responsibly and confidently.



# Why Online Safety Matters for Parents

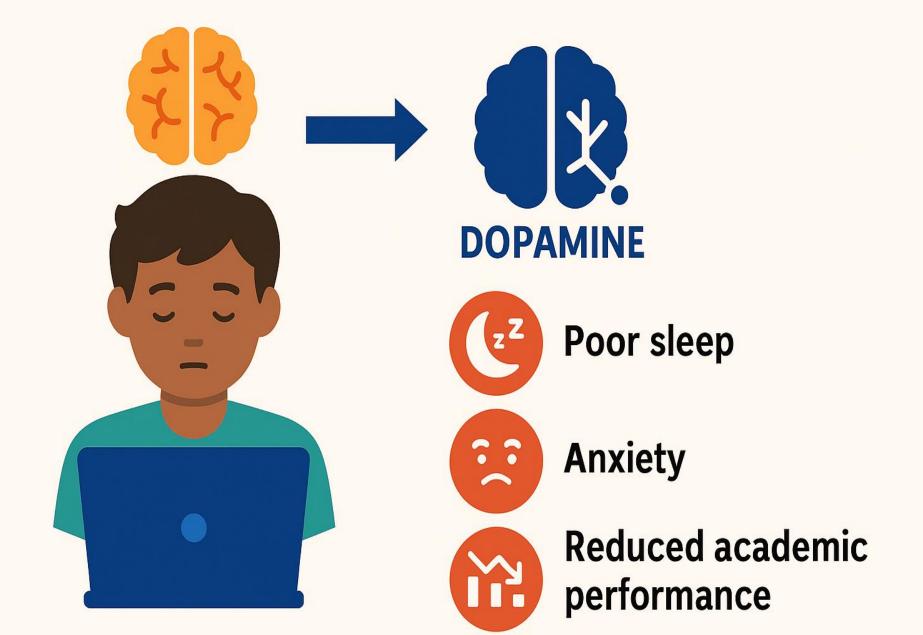
- Children often don't recognise risks online.
- Harmful content, strangers, and peer pressure are easier to access.
- Excessive screen use affects mood, health, and behaviour.



## Your Responsibility as Parents

- Set up parental controls on all devices.
- Know what platforms your child uses and who they interact with.
- Ensure age-appropriate content and apps are used.

## THE PROBLEM WITH TOO MUCH SCREENTIME





# The Problem with Too Much Screentime

- Apps and games release dopamine, encouraging prolonged use.
- Research links overuse to poor sleep, anxiety, and reduced academic performance.

✓ Help children build healthy digital habits early.

# **POPULAR APPS**









WhatsApp AGE 13+

Snapchat AGE 13+

Minecraft AGE 10+

Roblox AGE 7+



# Popular Apps in Our School Community

- WhatsApp (13+): Group messaging, risk of peer pressure and inappropriate content.
- Snapchat (13+): Disappearing messages, harder to monitor.
- Minecraft (7+): Multiplayer chats can include strangers.
- Roblox (13+): In-game chat and user-created content. Use parental controls.



# Age Limits and Legal Implications

- Apps have age limits for a reason.
- Children may be exposed to inappropriate content or experiences.
- Children underage on platforms can be reported and removed.



# New Laws – Greater Accountability

- New UK law will hold online companies accountable.
- Platforms must protect children from harmful material.
- Easier to report abuse. Platforms face penalties for non-compliance.

https://www.bbc.co.uk/news/technology-68225707#:~:text=In%20very%20serious%20cases%20Ofcom,being%20available%20in%20the%20UK.



# Online Bullying

- Real cases of pupils being picked on in group chats.
- Real cases of images being shared online.
- Use of derogatory language and exclusion.
- Our school always investigates concerns raised by children or parents.
- Parents and schools must work together to prevent and address these issues.



## Help and Resources Available

- For Parents: <a href="https://www.gilbertcolvin.co.uk/curriculum/online-safety">https://www.gilbertcolvin.co.uk/curriculum/online-safety</a>
- For Pupils: <a href="https://www.gilbertcolvin.co.uk/pupils/staying-safe">https://www.gilbertcolvin.co.uk/pupils/staying-safe</a>

Includes guides, tips, and app information.

Free online safety virtual workshop (NSPCC)

https://www.nspcc.org.uk/keeping-children-safe/online-safety/free-online-safety-group-workshops/



Attendance

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Local Support and Information



Apps and Website Guidance

Parental Engagement at Gilbert Colvin

How to Raise a Concern

### Apps and Website Guidance

At Gilbert Colvin, we are vigilant about the apps and websites children use, ensuring we educate pupils about staying safe online. A common concern in many primary schools, including ours, is children accessing apps that have age restrictions.

For example, WhatsApp has a minimum age requirement of 13. Many of the online issues we encounter stem from children using group chats on such platforms, where unkind behaviour can occur. Although these incidents often happen outside school, we take them seriously, addressing concerns promptly, working with parents, and teaching children about the impact of their actions online.

We are committed to helping pupils develop positive online habits through education and awareness. Below, you'll find guidance on some commonly used social media apps, along with their age ratings, to help you support your child's online safety.

#### Parent Guide to Social Media Apps and Their Age Ratings

Here are some popular social media apps and their recommended age ratings:

- WhatsApp Age 13+: A messaging app allowing group chats. Children may
  be exposed to inappropriate content or unkind behaviour. It's important to
  ensure children understand the risks before using it.
- Instagram Age 13+: A photo-sharing app where children can post images, interact with friends, and follow others. Make sure privacy settings are enabled, and guide your child on managing online relationships.
- Snapchat Age 13+: An app that lets users send images and videos that disappear. Discuss the risks of disappearing messages and sharing inappropriate content.



Clubs

Home Learning

Our Achievements

School Council



Staying Safe

### **Staying Safe**

At Gilbert Colvin, your safety is our top priority. This page is here to help you learn how to stay safe, both online and in the real world. Remember, if you're ever unsure or feel unsafe, there are trusted adults at school and at home who can help you.

#### **Online Safety**

The internet is an amazing place to learn and have fun, but it's important to stay safe online.

#### **Top Tips:**

- Never share your personal information (like your full name, address, or passwords) with anyone online.
- Always ask a trusted adult before downloading anything or clicking on links.
- If someone online says or does something that makes you uncomfortable, tell a trusted adult right away.
- Remember: not everything online is true, and not everyone is who they say they are.

#### Helpful Websites for Online Safety – for Pupils:

- Childnet: Great resources for learning how to use the internet responsibly and safely, including videos, games, and tips.
- Staying Safe Online: A fun place to learn about internet safety through interactive stories and games.

These resources will help you become confident and savvy in navigating the digital world safely!

# Making a report

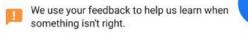
Look out for these symbols on the post, comment or user profile you want to report

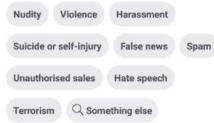








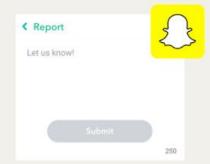




# Choose a reason for reporting

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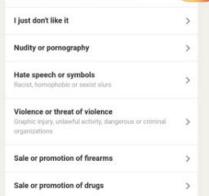








Fill out the form with as much detail as possible and press send to inform the platform's safety team.

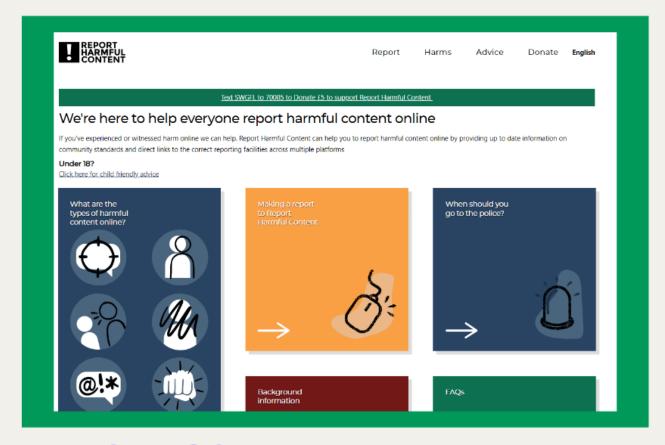


Choose a reason for reporting this post:

Harassment or bullying

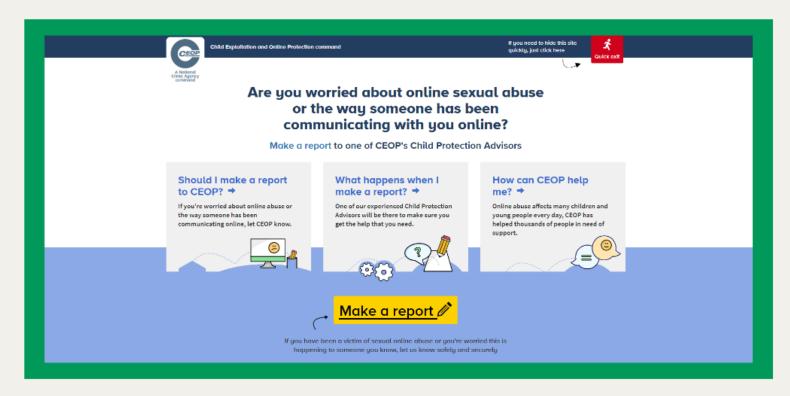
Intellectual property violation Copyright or trademark infringement

### Follow up inadequate responses to reports on other services here:



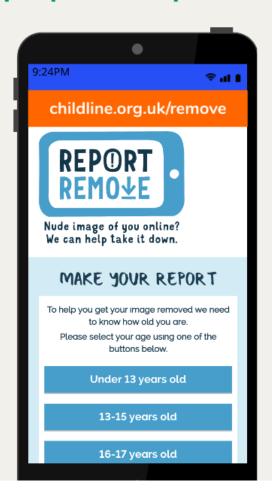
reportharmfulcontent.com

### Report any inappropriate contact from an adult to CEOP:



ceop.police.uk

### Young people can report their nude image being shared online here:







# Final Thoughts

- You don't need to be a tech expert just be involved.
- Children need boundaries online as in real life.
- Talk regularly with your child about their online activities.



# Questions & Open Discussion

- Thank you for attending our parent forum today.
- We welcome your questions and thoughts.



- Implement clear rules and boundaries around screen time and device use.
- Define what devices are used for (e.g. one parent's children use tablets ONLY for educational apps, not YouTube).
- Explain why boundaries are being set and if children are not allowed to use devices/apps, the reasons why.
- Treat your children with trust and respect.



- Use Google under supervision one parent said that she compared going on Google to going outside alone; both would be supervised so that they can make sure the child is safe.
- Filling the void if your child is not on a device or watching TV, they need to be doing other activities. Have a bank of activities, rota toys, and importantly, allow children time to be bored.
- Do chores together children enjoy the responsibility and spending time with their parent.
- Find time to spend with children behaviours improve.
- YouTube you can turn off autoplay but be aware, suggestions are still at he side of the screen.
- One parent lets their children choose one programme to watch once a week from YouTube and they watch it on the TV rather than a device.



- Parents want school to speak to them first if concerns are raised about children's online activities at home.
- School should always approach the topic with sensitivity. Some parents can feel as though they are being judged when discussing online issues.
- Be aware that parents may be teaching their children to safely navigate apps that have an age rating. There is a lot of pressure for children to access certain apps.
- Snapchat is a minefield...groups shift and change constantly. Tiktok and Whatsapp are easier to monitor.



- Be aware that apps are always evolving.
- As a parent, explore the apps that children commonly use and always explore an app before letting your child use it.
- Parents appreciate that the school gives feedback about any issues that arise.